matters of life & beth



by Beth Daigle illustration by Ken Bonin

My Psychic Experience



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've never been one to seek advice from others or look to predict my future. It's not that I doubt the power of clairvoyance, but I've preferred to believe that I'm in control of my destiny. I always tell my daughters: "You are in charge of your own happiness."

Although my father read cards to a faithful following of ladies in our Greek community for many years, I've never been open to exploring the magic myself. I did ask him to give me a reading once or twice, but he wouldn't. He'd say, "Beth, you are too young for this — it's all hokum anyway."

That stuck with me and I never bothered with it again until recently, when I joined a group of friends for a fun night of cocktails, appetizers and a harmless psychic reading on the side. I decided I would go along for the refreshments and good company and just skip the reading. But I didn't skip it, and was mystified by how on point the psychic turned out to be.

My assumption has always been that savvy psychics draw conclusions about their subjects by baiting them to reveal pertinent information. This, in turn, fuels the reading. For me, however, the psychic began before I said a word. She immediately tuned into some fundamental details of my life without any background whatsoever. Her accuracy allowed me to continue without reservation, and her astute observations followed. I was intrigued and impressed.

After a 30-minute session, I walked away wowed. I couldn't help but wonder how this supernatural ability worked. Could this possibly be for real?

With some psychics, the answer is probably yes. A good psychic is skilled at reading other people and drawing quick conclusions about their characters, behaviors and interests. Many people are naturally more intuitive than others. Some are simply more cognizant of the feelings and energies of the people around them. They are tuned into the moment, to body language and to the use of certain words and phrases. These are the people that others are drawn to when seeking advice, comfort or a meaningful conversation. I have friends with these very qualities, and I might be so bold to say that I have some of them, too. But we are not psychics. A psychic shares similar abilities, but their gift is heightened and more prophetic. I don't think that is too far-fetched a possibility.

Would I go back to a psychic? Yes, because my psychic helped give me perspective and left me feeling encouraged. Right or wrong, her guidance allowed me to set aside some nagging uncertainties that I'd been dwelling on. This enabled me to focus on other, more important, matters. Her suggestions about my future opportunities also reassured me that a big project I'd been working on was indeed worth my while. That boost of confidence redirected my energy in a positive way.

Clarity goes a long way in resolving issues. If getting a peek into what might be your future helps to make the most of your present, then it is worth it.

My first psychic experience was a good one. But do be on the lookout — there are con artists who will take your money and dole out a bunch of nonsense. If you are thinking about it, be sure to ask around to get recommendations. It may not be for everyone, but it's cheaper than therapy, and you may be surprised at what your future holds.