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FOUND FOR THE HOLIDAYS

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FALL/WINTER 2009



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■BACHELORETTE CONTEST WINNERS

■LIVE THE FANTASY AT THE RENOVATED WYNDHAM

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STAFF & CONTRIBUTORS

AMY SWEENEY DIRECTOR OF PHOTOGRAPHY



"I really enjoyed photographing the winners of our bachelorette contest,' says Amy of her work on "Winning Bachelorettes," Page 46. "What a diverse group of women.

from golfers, to bikers, to hikers."

Amy has been with The Andovers since its launch in 2008 and has really enjoyed getting to know the people in the Andover and North Andover communities. She has been a photographer and editor working with local newspapers for more than 25 years

ROSEMARY FORD ASSOCIATE EDITOR



In this edition, Rosemary got to tackle a wide range of topics - from holiday gifts (Found for the Holidays, Pages 18) to Boys Like Girls, the band with local roots that's gaining

national acclaim (Page 68). Plus, she got to interview the top vote-getters for the first Andovers Hottest Bachelorette Contest (Page 46).

A graduate of Boston College and veteran reporter at The Eagle-Tribune, Rosemary has been working for The Andovers since its first issue in 2008.

JOCELIN JOHNSON DAMIEN CHIEF DESIGNER



Working on the holiday gift guide has given Jocelin a number of ideas to jumpstart her Christmas shopping.

Jocelin graduated from Susquehanna University with a

degree in journalism and started her design career at The Telegraph in Nashua, N.H. She has been at The Eagle-Tribune since 2005 and The Andovers since it launched last year. She lives in Ayer with her husband, Ray, and cat, Oatmeal.

ROGER DARRIGRAND STAFF PHOTOGRAPHER AND WRITER



Roger photographed a "fantasy stay" at the Wyndham Hotel ("Welcome to the Fantasy," Page 60) and shared his thoughts on winter camping (Page 40), along with other con-

tributions to this edition of The Andovers magazine.

Roger grew up in Sutton and studied photography at Southern Illinois University. He worked with newspapers in southern Illinois and North Carolina before joining the staff at The Eagle-Tribune and The Andovers.

TIM JEAN STAFF PHOTOGRAPHER



Tim enjoyed having the opportunity to shoot bachelorette Bethany Bogiatto for this edition of The Andovers, All the elements came together - beautiful girl, beautiful location and

beautiful day.

Tim, a Methuen native, started his career in photography at the Andover Townsman and has been a regular contributor to the Andovers Magazine.

JILL DIVER STAFF WRITER



While tackling the finer points of reporting and writing, Jill, a newbie Andovers contributor, also learned that quick thinking and persistence go a long way toward getting

what you want - even when it's getting a celebrity's attention (Catching Up With, Page 38). Then she got to go shopping for great holiday finds in downtown Andover (Found for the Holidays, Pages 18).

Iill is a native of Boxford and looks forward to writing more stories for the magazine.

CRYSTAL BOZEK STAFF WRITER



Crystal loves food, especially when she doesn't have to make it herself. So hanging out at Burtons Grill, chowing down on a Burtons Burger and interview-

ing the culinary director (Dining Out, Page 36) didn't seem like work at all. A Lawrence native, Crystal is a graduate of Boston University and has worked at newspapers throughout Massachusetts. Today she is a North Andover reporter for The Eagle-Tribune and contributes to The Andovers.

ELIZABETH DAIGLE CONTRIBUTING WRITER



Beth is a freelance writer living in North Andover with her husband and two daughters. She has written for several local publications and enjoys discovering the plethora of

extraordinary people, places and experiences that exist so close to home.

When asked to find a local family with rich holiday traditions, it did not take Beth long to come up with the Downer family of North Andover. She hopes you enjoy reading about their unwavering holiday spirit ("Up With Tradition!" Page 52).

SARAH DURRELL CONTRIBUTING WRITER



A graduate of Suffolk University in Boston, Sarah has been working at The Eagle-Tribune for the past three years and joined The Andovers in 2008. In this edition she writes Then

and Now (Page 80) and Those Other Andovers (Page 79).

Sarah began her writing career at the age of 14 when she launched her own magazine and has since contributed to various publications. She lives in Newburyport.

UP WITH



52 THE ANDOVERS

TRADITION!



The Downer family holds dearly to old and new customs

Holidays and traditions classically go hand-in-hand. Yet regrettably, today's busy lifestyles often make it difficult to uphold the family customs that for so long have been so dear.

We may not mean to, but in the face of frenzied daily responsibilities it can be easy to let the precious practices of the past fall by the wayside.

In North Andover, the Downer family refuses to be deterred from its traditions. In fact, even while juggling work, home responsibilities and parenting four daughters aged 7 and younger, Nicole and Chris Downer have managed to stay true to the many traditions they enjoyed as children, while also creating new customs to carry on through generations.

Nicole and Chris, both 36, grew up in North Andover. Chris moved here from Vermont when he was 10 years old and began fifth grade at the Franklin School. That is where he met

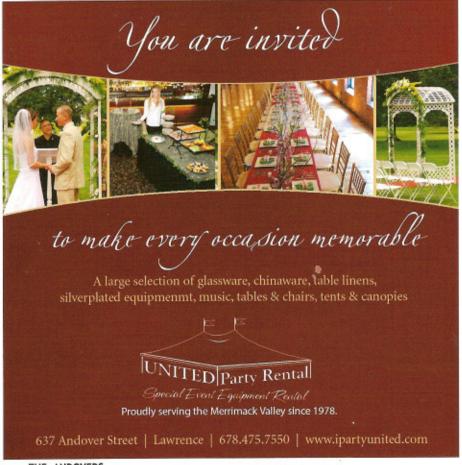
It would be a long while before they would recognize the spark between them as college students, begin dating, and ultimately marry

Today, Chris owns the local company Downer Brothers Landscaping. Nicole assists with the business, as well as teaching spinning classes at Yang's Fitness Center in Andover. In the 11 years since their wedding, they've welcomed Abbie, 7, Michaela, 6, Alivia, 3 and Grayson, 6 months.

Abbie and Michaela attend Franklin School, where their parents once walked the halls. But that's just one in a long list of traditions that are alive and well in the Downer household. >

By Elizabeth Daigle • Photos by Roger Darrigrand





"Traditions are important to us," Nicole said. "It wouldn't be Christmas without them."

Chris is Swedish and inherited a family collection of Tomtegubben - holiday dolls. They have about 100 of the little elves, many of which Chris recalls receiving and playing with when he was a child.

The elves have multiplied from generation to generation, as Chris' parents, Steve and Linda Downer, passed them on and extended family members brought more back from their travels.

"My Mom had them growing up. Her mother had them, and her grandmother, too," Chris recalled. "They come from a long list of family members."

Each holiday season, the growing clan of Downer girls and their parents enthusiastically welcome the Tomtegubben. As the story goes, at night the tiny elves scurry around the house to take care of chores and other activities.

"They move around and play and have parties," Abbie said.

The girls write notes to the dolls. And they have begun their own tradition; transforming their personal doll house into a home for the Tomtegubben.



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66 WHEN I WAS A KID. I WOULD HELP MY MOM MAKE THE PANCAKES. JUST LIKE THE GIRLS HELP ME. IT WAS ALWAYS SOMETHING SPECIAL. ??

CHRIS DOWNER

Abbie said they like to write and ask their names, reporting that one elf responded as "Ava."

"Sometimes we write to all of them," Michaela said.

Another holiday treat that Chris introduced to his girls is Swedish pancakes.

Chris' great grandmother came to the United States from Sweden in 1915 and the family recipe was passed down from

"When I was a kid, I would help my mom make the pancakes," Chris said. "Just like the girls help me. It was always something special."

Every Christmas morning he prepares delicate, crepe-like cakes topped with syrup, powdered sugar or Nutella. Together, the family begins their day with the breakfast that brings back memories for Chris and now for his wife and chil-

Nicole loves that Chris shares this part of his identity and heritage with their children.

"It gives them a sense of self and helps them define who they are," she said.

Nicole has cherished traditions from her childhood, too.

To capture each Christmas morning, just as her mom and dad did, Nicole takes a photo of the family sitting on the stairway before everyone rushes to the tree to unwrap gifts.

She says she can remember posing for this photo with her two older brothers, Dave and Lou, each and every year even up until college.

Today, Nicole still loves looking at those pictures.

"It gives me such a warm feeling, seeing my brothers sitting on the steps with the world's worst case of bed head and wearing some ghastly nighttime outfit," Nicole said. "They aren't pretty, but they are always fun."

With her own girls, Nicole has learned another important thing about that moment when everyone stops for the

"It gives you the chance to take



Nicole Downer crafts gifts that she and her husband, Chris, give their daughters on Christmas Eve. Over the years she has made hand-painted jeans, personalized photo albums and hand-sewn pocketbooks. The gifts are designed as keepsakes for her daughters to carry into the future as a reminder of the holidays of their youth.

a breath before getting into the craziness of the presents," she said. "To stop to pose for that picture - it's a nice moment."

Many of Nicole's other fond holiday memories and traditions were passed down from her mother, Karen Belliare, who sadly died this past June. Karen was a librarian at the North Andover library for 15 years, and a traditionalist at heart, Nicole said.

Every year, Karen, like her own mother before her, would give each grandchild a new keepsake ornament for the Christmas tree. This year, Nicole's father, Bob Belliare, will continue to give ornaments to the grandchildren, now from the very collection that he and Karen used to decorate their own tree.

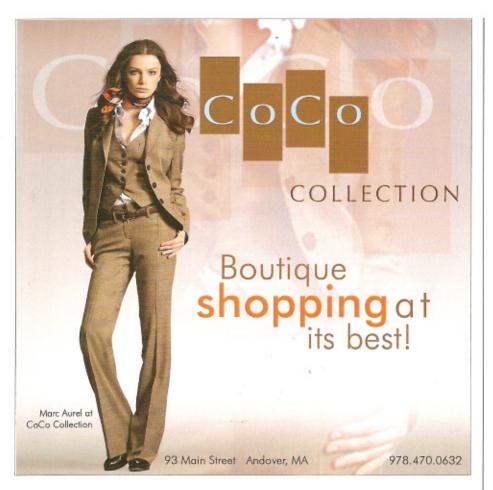
"Having my dad pass on those ornaments will be his way of carrying on my mom's tradition and keeping her memory alive," Nicole said, "It will be a comfort for all of us."

The beauty and pleasure of old customs is enhanced by the fun and excitement of new ones in the Downer family.

Several years ago, Nicole began crafting handmade gifts that she and Chris give to the girls on Christmas Eve. She allows the children's latest interests









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WINGATE AT ANDOVER 80 ANDOVER STREET, ANDOVER, MA 01810 1-800-WINGATE • WINGATEHEALTHCARE.COM to inspire her. Among gifts have been hand-painted jeans, personalized photo albums and hand-sewn pocketbooks.

Chris and Nicole also have made it a tradition to plan a special occasion for the family to enjoy together. They call it a "memory gift."

Last year, Chris decided to surprise the family with a limousine ride into Boston and Nicole arranged for great seats to "The Nutcracker."

There was a lot going on between Nicole being pregnant with Grayson and the stomach flu creeping into the household.

"We rallied just in time," Nicole said.

In fact, they rallied a bit too early. Upon arrival at The Wang, they were stunned to realize that their tickets were for the following evening. To rebound, they decided to purchase new tickets for that evening, and gave away their original tickets as a gift.

"We loved it, even with the terrible seats," Nicole said.

Nicole understands that it is not always easy keeping traditions alive, but it is important.

"The traditions keep it simple," she said. "Our traditions give structure to our holidays. It's like an outline that we fill in with the beautiful colors of life and family."

WANT TO ADD SWEDISH PANCAKES TO YOUR HOLIDAY TRADITIONS?

RECIPE

- 2 tablespoons melted butter
- 3 eggs
- 2 cups milk
- 1 cup water
- 1 1/2 cups flour
- 1 teaspoon salt
- 1 1/4 teaspoon sugar

Whisk all ingredients until blended. The batter will be runny, unlike typical pancakes. Pour the batter into a non-stick pan coated with butter. The batter will spread to the edge of the pan. The finished product will appear much like a crepe. They are ready to flip when they become opaque and formed at the edges. Serve with syrup, powdered sugar, Nutella, or even a favorite jam. Makes approximately 8 to 10 pancakes.